



## RETREAT HOSTS

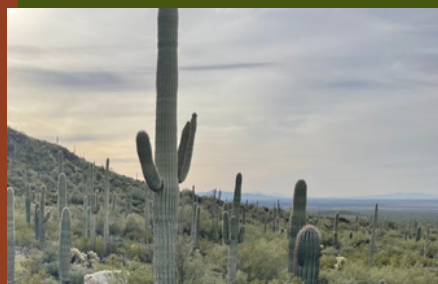
The Arizona Serenity in the Desert Intergroup and Scottsdale Arizona Big Book Group of Overeaters Anonymous proudly present a 2024 Big Book Retreat

## HOTEL AMENITIES

- 24-hour shuttle service to and from the Phoenix Sky Harbor Airport
- Complimentary access to onsite fitness center and swimming pool
- Onsite convenience store with limited food and items available for purchase
- Onsite restaurants
  - Breakfast at The Post restaurant served 6:00 to 11:00 am daily.
  - Lunch and dinner at The Perch restaurant served 11:00 am to 11:00 pm daily.

## BE SURE TO BRING...

- **Cash** for 50/50 drawing, other raffles and bottled water (unlimited for \$5 or \$.50 each)
- **Comfort** by bringing a pillow or cushion
- **Comfortable shoes & appropriate clothing** (meeting room cool) and comfortable shoes
- **Charging** cords and docking stations



### Questions?

### Email us!



[scottsdalebbretreat@gmail.com](mailto:scottsdalebbretreat@gmail.com)

# Transcending from Dieting to Recovery

JULY 12-14, 2024

The Crowne Plaza  
Phoenix, Arizona

Presented by:  
Arizona Serenity in the Desert Intergroup  
and  
The Scottsdale Arizona Big Book Group

## SCHEDULE OF EVENTS

### FRIDAY EVENING

4:00 pm Hotel Check-in Open

4:00 pm - 6:30 pm Retreat Registration

6:45 pm Retreat Welcome

7:00 pm - 9:00 pm

Session #1: Retreat Leader's Story, The Doctor's Opinion, Q&A

9:00 pm - 10:00 pm Overeaters Anonymous Meeting

### SATURDAY

7:30 am - 9:00 am Check-in & Welcome

9:00 am - 11:45 am Session #2: Bill's Story (Steps 1-3)

12:00 pm - 2:00 pm Lunch (Speaker TBD)

2:00 pm - 5:30 pm Session #3: (Steps 4-9)

7:00 pm - 8:00 pm Dinner (Speaker TBD)

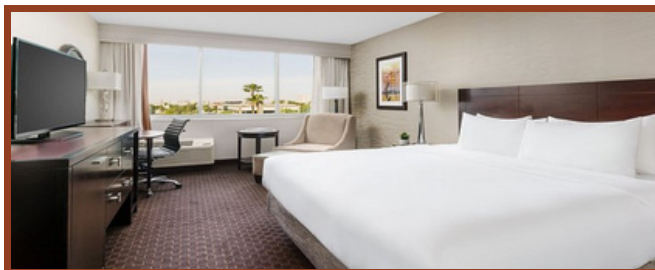
8:00 pm Fellowship & Fun!

### SUNDAY

9:00 am - 11:30am Session #4 (Steps 10,11,12)

11:45 am Retreat Closing

11:00 am Hotel Check-out



## HOTEL REGISTRATION

### Crowne Plaza Hotel & Conference Center

**Room Type:** (2) queen beds, (1) bath, refrigerator and coffee maker. Limited king beds available. Handicapped rooms available upon request.

**Retreat Room Rate:** \$119.00 per night + tax/fees

**Hotel Registration Ends: June 25, 2024**

**AFTER JUNE 25**, reservations can be made based on availability by calling Megan at The Crowne Plaza directly at **602-286-1139** (Monday - Friday 8-4:30pm MST)

**Book Online at:** <http://tinyurl.com/yckspbfm>

## WORKSHOP FEES & DEADLINES

### Early Bird Workshop Registration

➔ **\$140.00**

Ends June 1, 2024

### Regular Workshop Registration Fee

➔ **\$150.00**

Workshop registration, including meals ends June 25, 2024

Workshop Registration is NON REFUNDABLE.

## RETREAT REGISTRATION

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am registering as a Commuter \_\_\_\_\_

(Commuters receive a 3-day onsite parking pass with registration)

## MEAL SELECTION

### Saturday Lunch Selection: (choose one)

- \_\_\_ Vegetarian
- \_\_\_ Chicken Caesar Salad
- \_\_\_ Hamburger with Lettuce & Tomato

### Saturday Dinner Selection: (choose one)

- \_\_\_ Vegetarian
- \_\_\_ Chicken (4oz)
- \_\_\_ Salmon (4oz)

All dinners served with Garden Salad, Seasonal Green Vegetable, mixed fresh berries, coffee, iced tea and water.

## PAYMENT INFORMATION

Register and pay online by credit, debit, or Paypal at <https://oaphoenix.org/events/>

Register and pay by check. Mail completed registration and check (payable to: **AZ Intergroup of Overeaters Anonymous**) to

OA - Scottsdale Retreat  
P.O. Box 47565  
Phoenix, AZ 85068-75671